

**JAMESTOWN COMMUNITY COLLEGE**  
**State University of New York**

---

**INSTITUTIONAL COURSE SYLLABUS**

**Course Title:** Adulthood and Aging

**Course Abbreviation and Number:** OTA 2520

**Credit Hours:** 2

**Course Type:** Lecture

**Course Description:** Students will focus on the role occupational therapy plays in working with older adults and families across the continuum of care. Students will learn the influence the aging process has on physical, sensory, and cognitive functions and their relationship to functional capabilities. Psychosocial aspects of aging and how environment, culture, and values impact lifestyle and occupational performance will be discussed. Students will share an understanding of theories, issues, and clinical skills specific to practice in geriatric rehabilitation, home health care, long-term care, adult day care programs, and community practice, including wellness and prevention programs.

**Prerequisite:** OTA 1520 with a grade of C or better.

---

**Student Learning Outcomes:**

Students who demonstrate understanding can:

1. Collect, analyze, and interpret data on a given patient.
  2. Select and provide direct occupational therapy interventions and procedures to enhance safety, health and wellness, and performance in ADLs, IADLs, education, work, play, rest, sleep, leisure, and social participation.
  3. Identify sensory-motor, cognitive, and psychosocial changes due to both the normal aging process and related health disorders.
- 

**Topics Covered:**

- Human development in adulthood
  - Common conditions and diseases impacting adulthood and aging
  - Types, applications, and limitations of mobility
  - Dysphasia and eating and nutritional concerns with elders
  - Safety
  - Handling complex medical conditions
  - Medical guidelines for interventions
  - Communicating with clients, family, and professionals
- 

**Information for Students**

- Expectations of Students
  - [Civility Statement](#)
  - [Student Responsibility Statement](#)
  - [Academic Integrity Statement](#)
- [Accessibility Services](#)  
Students who require accommodations to complete the requirements and expectations of this course because of a disability must make their accommodation requests to the Accessibility Services Coordinator.
- [Get Help: JCC & Community Resources](#)
- [Emergency Closing Procedures](#)
- Course grade is determined by the instructor based on a combination of factors, including but not limited to, homework, quizzes, exams, projects, and participation. Final course grade can be translated into a grade point value according to the following:

A=4.0	B+=3.5	B=3	C+=2.5	C=2	D+=1.5	D=1	F=0
-------	--------	-----	--------	-----	--------	-----	-----

- Veterans and active duty military personnel with special circumstances (e.g., upcoming deployments, drill requirements, VA appointments) are welcome and encouraged to communicate these to the instructor.
- 

**Effective Date:** Fall 2023